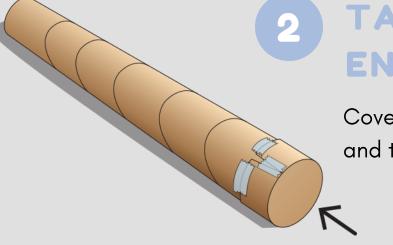
DIY RAINSTICK

How to Make Your Very Own Rainstick

D GATHER YOUR MATERIALS

You'll need a paper towel roll, rice or dried beans, paper, tape, and something to decorate with!





TAPE PAPER ON ONE END

Cover one end of the tube with paper, and tape ALL the way around.

3 INSERT YOUR BEANS

Put your beans, pasta or rice in the open end of the paper towel roll



DECORATE!

Use your markers, crayons, paint or chalk to decorate your rainstick!



Need extra help? Visit our website! https://www.upstatemusictherapycenter.com/may-resources/