

## UPSTATE MUSIC THERAPY CENTER LLC

401 Penbrooke Drive • Bldg. #3, Suite SE • Penfield, NY 14526

585.377.1000 • amy@upstatemtc.com • www.upstatemusictherapycenter.com

### **Music Therapy Internship Acceptance Standards**

In order to begin the music therapy internship at Upstate Music Therapy Center, LLC, an applicant should have the following abilities/characteristics:

#### **A. Musical**

- Good command of basic piano/keyboard skills, including ability to play basic chord progressions (I-IV-V-I) in all keys; ability to sight read simple compositions and song accompaniments; transpose simple songs; harmonize simple melodies.
- A singing voice with pleasing quality; ability to lead songs by providing introductory cues, starting pitch, and correct pitches and rhythm.
- Good command of guitar skills including ability to play basic chord progressions (I-IV-V-I) in keys of C, D, E, G, and A; transpose simple songs and harmonize simple melodies.

#### **B. Therapeutic Skills**

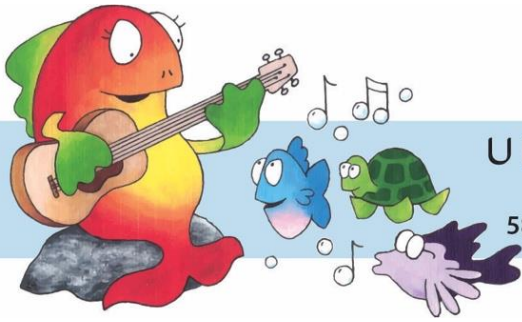
- Basic understanding of the philosophies and theoretical concepts of music therapy.
- Basic understanding of behavior management techniques.
- Willingness to learn how to apply the theoretical concepts of music therapy in a public school setting with students, ages 3-21, who exhibit a wide range of disabilities.

#### **C. Communication Skills**

- Ability to communicate in a clear, organized manner, in both verbal and written modes.

#### **D. Professional Qualities**

- Emotionally stable, responsible, dependable, organized, and flexible.
- Ability to take and apply constructive feedback, critically self-evaluate, and work with a wide range of people.



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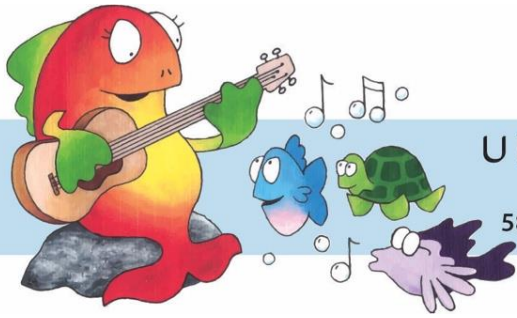
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### APPLICATION FOR MUSIC THERAPY INTERNSHIP

**The following application materials should be completed and sent by April 1st to:**

Internship Director  
Upstate Music Therapy Center, LLC  
401 Penbrooke Dr.  
Bldg. #3, Suite SE  
Penfield, NY 14526  
(585) 377-1000  
e-mail: amy@upstatemtc.com

1. Academic transcript from all colleges/universities attended.
2. Signed and dated statement of eligibility from academic supervisor.
3. Two letters of recommendation: one from academic director and one from a practicum supervisor, employer, or other professional addressing the clinical, communication, musical skills and professional demeanor of applicant.
4. Current resume
5. Personal Contact Application Form
6. A typed essay which answers the following questions:
  - Why are you interested in being a music therapist?
  - What is your philosophy of music therapy?
  - Why are you interested in doing your internship at Upstate Music Therapy Center, LLC?
  - Please list and describe your music therapy practicum experiences, including descriptions of client(s), type of setting, duties performed, examples of goals and objectives established.
  - Please describe any other experiences you have had with children with disabilities.
  - What strengths (musical, professional, and personal) will you bring to this internship?
  - What skills (musical, professional, and personal) do you wish to enhance through this internship experience?



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## MUSIC THERAPY INTERNSHIP PERSONAL CONTACT INFORMATION

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Permanent Address (if different from above): \_\_\_\_\_  
\_\_\_\_\_

Phone Number(s) \_\_\_\_\_ E-mail \_\_\_\_\_

Academic Director \_\_\_\_\_

Director Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Date academic work will be completed \_\_\_\_\_

Major instrument and number of years studied \_\_\_\_\_

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**Interview process:** After all materials are received, applications will be reviewed and selected applicants will be contacted to schedule an interview. An on-site interview is preferred so that the prospective intern can see the facility and make an informed decision regarding acceptance of an internship at Upstate Music Therapy Center, LLC. The interview will include an audition of functional music skills. Each applicant will be notified in writing regarding the status of his or her application.

**Internship start date:** Internships begin with Upstate Music Therapy Center the first week of September and follow a school year calendar, ending in late June.